

Rahimah Binte Mohamed Rais

Work-Study Diploma in Nursing

ITE College East



ITE Lee Kuan Yew

Model Trainee Award

Compassion in Action

Rahimah was inspired to become a nurse after witnessing the dedication of healthcare workers during a family member's cardiac arrest. She began her nursing journey with a Nitec in Nursing in 2002 and now serves as Principal Enrolled Nurse at Sengkang General Hospital (SKH), with 22 years of experience. When offered the chance to pursue the WSDip in Nursing, she welcomed the opportunity to further her skills and appreciates the support from her hospital.

Committed to lifelong learning, Rahimah encourages and guides her peers, especially those who are quieter or need extra help. She demonstrates leadership by facilitating group discussions and organising team-building activities such as badminton games.

From the Heart

"Receiving the Lee Kuan Yew Model Trainee Award inspires me to continue pushing boundaries and believing in lifelong learning. It reminds me that growth is not a solitary journey, but one shaped through collaboration and shared learning, with the support of colleagues who work alongside us. In nursing, excellence is built through teamwork – learning from one another, supporting one another, and striving together to provide the best possible care for our patients."

This award is not just a personal honour. It reflects perseverance, curiosity, and the collective effort of those who have guided and supported me. It motivates me to serve with greater humility, passion, and commitment, and to continue growing as both a nurse and a team member."

Life after ITE

Upon completion of her WSDip in September 2027, Rahimah will resume duties at SKH as a Registered Nurse. She intends to pursue a Degree in Nursing alongside an Advanced Diploma in Nursing, so she can continue to grow and stay future-ready in her career.

Top Achievements

- Rahimah was awarded the SKH You Sparkle Award (Gold) in 2025, one of the hospital's highest staff honours, for her excellent contributions to nursing practice, patient advocacy and quality improvement initiatives.
- Rahimah co-led a project, 'Empowering Patients: Understanding Your Prescribed Pain Medications' which earned the Patients as Partners-in-Improvement Special Recognition Award at the SingHealth Duke-NUS Quality & Innovation Day 2025.
- She played a key role in Project IMPROVE which enhanced the tracking of patient-reported outcomes in pain management, improving treatment effectiveness.
- Rahimah participated in SKH Urology Department's fundraising campaign in 2024, running with patients weekly to raise awareness about men's health.

